

# FASHION, SHOPPING & CARE™

The 3-Minute Newsletter for Men, Women & Teens

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CLOTHING CARE ... with Steve

FASHION & STYLE ... with Kate



## Stain School & Care: Holiday Hints

A quick primer on stains for the Holiday season seems like a very good use of this space!

### A Few Don'ts

- ⊗ Don't rub stains, no matter how frustrated you are.
- ⊗ Don't put water on any garment that requires drycleaning.
- ⊗ Don't put water on oily stains.
- ⊗ Don't wash garments that have oily stains.
- ⊗ Don't tumble-dry or iron clothing with stains.
- ⊗ Don't use club soda on oily stains or on better clothing.

### A Few Do's

- ☺ Do gently blot stains with a dry, white cloth.
- ☺ Do inspect your clothing in good light at the end of each day.
- ☺ Do inspect and pre-treat stains before washing or drying.
- ☺ Do dryclean all garments with oily stains.
- ☺ Do point out all stains to your drycleaner.

### A Few Truths

- ☺ Make-up and Lipstick are "oily" stains that typically come off your cheeks and face much easier than they come off your clothing.
- ☺ Salt and snow stains should be pointed out, pre-treated, and cleaned as soon as possible.

## Shopping Savvy – Holiday Shopping

- ☺ Consider using a Personal Shopper to help with gifts.
- ☺ Always check on return and exchange policies.
- ☺ Inspect all gifts for snags, stains, pills and extra buttons.

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## Building a Wardrobe: Jeans 2! 2005

### The Rise

Medium-Rise jeans conceal your tummy and rest on your natural waistline effectively "body balancing" you. For most of us it is best to stay away from low-rise jeans as they can create the dreaded "muffin-top" effect (i.e. your belly fat rolls over the top of your jeans), highlight your hips, and make your legs appear shorter than they actually are.



### The Length of Your Jeans

Longer Legged jeans make you appear taller – just remember to add a heel so you don't trip over yourself. On the contrary, crop jeans will make your legs appear short and stocky.



### The Rinse of Your Jeans

All-over Darker Rinsed jeans have a slimming effect. Steer clear from jeans that are spot faded on the thighs and rump. This denim treatment will make those body parts appear larger.



### The Size of Your Jeans

Half-Size-Larger jeans or relaxed jeans will make you look two sizes smaller but don't buy them too big unless you want to look like a skateboarder.

### The Stretch of Your Jeans

Less Stretch is best. Just enough stretch reshapes, slims and smoothes you while retaining the original shape of your jean.

*Have a great and safe holiday!*



Kate Rice styles clothing for TV and private clients. Appearing in more than 400 style segments, she's worked with TV Guide, USA Network and Lifetime's Head 2 Toe. Kate delivers style solutions.

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